



# 2020 Elmira City School District Cyber Safety Event

## Parental Controls Session

### WHAT TO LIMIT

- Amount of time they can use the device
- Apps they can purchase
- Apps they can use
- Times they can use the device or apps
- Websites that they can access

### WHAT ABOUT TRUSTING YOUR KIDS?

- Kids need parental guidance when they are learning to use technology. They are not entitled to privacy.
- Peer pressure is a large factor in making sure that your kids are using their devices appropriately and not the way their friends tell them to use the device.
- Kids act differently when they know their parents are watching.

### GENERAL TIPS FOR SETTING UP PARENTAL CONTROLS

- Update your device to the most current version of the Operating System.
- Parental Controls are still a newer feature for many devices so if you haven't updated recently, you may not find Parental Controls as an option.
- Older devices may not be able to be updated to get the newest features.
- Set up limits with your Internet Service Provider, your phone carrier, or your wireless router.
- You can also unplug the router or modem if they are unruly
- Consider Setting parental controls and limits on streaming services like Netflix or Amazon Prime too.

### CREATING ACCOUNTS FOR YOUR KIDS

- Protect your kids personal information
- Do not create accounts with their name, birthday, address, city, phone number, etc. Use a child-friendly nickname with an easy to remember number combination:
  - Elsa3003, Soccer5005, GrumpyBear0110, SpaceCase6776
  - Don't be so descriptive that it gives an adult an opportunity to chat with them - (you like Soccer? Me too!)

### SETUP SCREENTIME IN IOS

- <https://support.apple.com/en-us/HT208982>
- <https://www.common sense media.org/blog/how-to-use-apples-screen-time-feature>
- <https://www.netnanny.com/blog/how-to-set-ios-parental-controls/>

### SETUP GOOGLE FAMILY LINK FOR ANDROID DEVICES

- <https://www.common sense media.org/blog/how-to-use-googles-family-link-app#Family%20Link>
- <https://www.netnanny.com/blog/how-to-set-parental-controls-for-android/>

### SETUP WINDOWS 10 FAMILY CONTROLS

- <https://famisafe.wondershare.com/parental-control/windows-10-parental-controls.html>
- <https://www.netnanny.com/blog/how-to-set-parental-controls-for-windows-10/>

### OTHER RESOURCES

- <https://www.common sense media.org> > Parents Need to Know >

By Age, By Topic, or Guides to Fortnite, YouTube, SnapChat, TikTok, Roblox, etc.