

Healthy Futures



WHERE YOUR FUTURE'S SO BRIGHT YOU HAVE TO WEAR SHADES

We are excited to introduce a new program at Broadway Middle School called Healthy Futures. The program will focus on helping all of our students realize that their future is bright with possibilities.

In partnership with community agencies we will have different events throughout the year showing students how they can have a healthy future by learning about:

- Bullying Prevention & Awareness
- Avoiding Alcohol, Drugs and other Negative Behaviors
- Healthy relationships
- Making good choices
- Setting goals
- Careers
- Speaking Up about safety in the school

And so much more...

In addition, we will have building wide events beginning with our Bullying Prevention week in October and a day of workshops on Healthy Relationships in November. Other activities include a study hall series where community agencies will present workshops for students on making good choices and having healthy relationships.

Watch for information about these events in the Broadway Buzz.

If you have questions/concerns or ideas, please contact your child's school counselor or our School Nurse, Mrs. Silvers.

BMS



**"Where your Future's
So Bright
You have to wear
Shades"**

We are excited to kick off our Healthy Futures Awareness Day on November 19th for all 7th & 8th grade students! The day will include several workshops that students can choose to participate in, ranging in topics from Careers to Nutrition, Character, and Healthy Relationships. Every student will rotate through a series of three separate workshops, two of which are their choice, focusing on a variety of topics related to a Healthy Future. We are very pleased to have Christine Baze as our keynote performer that day and every student will rotate through her performance.

Christine Baze is an accomplished musician and cervical cancer survivor from outside of Boston. At 40, she is the Executive Director of The Yellow Umbrella Organization, and uses her story, voice, and music to help awareness of HPV, cervical cancer and opportunities to prevent this deadly disease. She has taken her Yellow Umbrella Tour to 100 stops across the USA and Canada and is now reaching even deeper into communities with her Paint It Yellow and School Yellow programs—finding creative ways to reach out, educate, and empower students to take control of their own health.

This half day of workshops is a joint effort of several community agencies and members who are volunteering their time to come and present valuable information to our students. We are very pleased to be working in collaboration with all of these agencies in an effort to empower our youth with the knowledge they need to make good choices for a Healthy Future!

A more formal letter will be coming home with further details regarding this half day.